



Food and Agriculture
Organization of the
United Nations

Growing Yard long bean



Land preparation



Sowing seeds on raised beds

- The crop land should be well-drained and aerated.
- During the raining season, If the soil is waterlogged, raise the beds (4 ft wide and 0.5 ft height or based on local conditions).

Planting



Sowing seeds on raised beds

- Direct seeding is the most common method of planting.
- Two-three seeds should be planted at a depth of 2 cm on raised beds.
- The spacing is 3 ft between rows and 9–12 inches between plants.
- Thin to one seedling per hoe when they have four true leaves.

Fertilizer application



Organic fertilizer/composts application

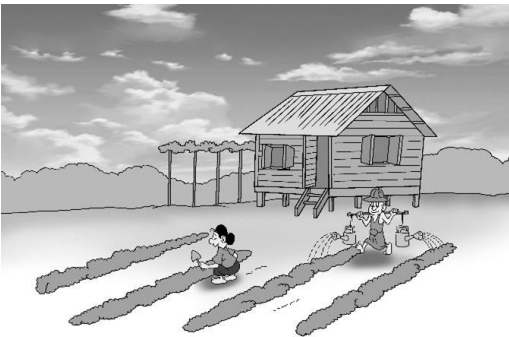
- Organic fertilizers and compound fertilizers are mixed with topsoil in the pits.
- Basal dose of (15:15:15) Compound fertilizer 25 kg (10–12 pyi) per acre should be applied at the time of land preparation.
- Additionally, side dressing of 10–15 kg (5–6 pyi) compound fertilizer per acre in equal split: first when plants have 4–6 true leaves and second and third on two weeks interval.



Applying composts and earthing-up the soil

Irrigation

- Light irrigation is recommended immediately after sowing.
- During rainy season crops do not need watering.
- Furrow drainage should prepare for irrigation and draining out as necessary and depending on local conditions.



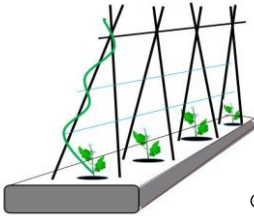
Watering in the vegetable home garden

Weeding

- Field should be kept free of weeds.
- Two to three times of hoeing or earthing-up should be carried out to control the weeds during the initial stage of growth.

Training and pruning

- When the plant start to vine, bamboo support should be done (6–7 ft in height).
- Wipe out the non-productive lateral branches carefully with a sharp knife that encourages faster harvesting.



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Harvesting

- Yard Long bean is harvested 10–12 days after flowering or when the fruits are mature.
- Pick the pods at the tender stage at full length, before the seeds mature or swell.

We want to hear from you

For any feedback and complaints, please contact the following phone numbers.



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U Aung Thein 09 894 494 091

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**Time : 8:30 AM to 5:00 PM
(Monday to Friday)**



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All information and complaints will be handled in a confidential manner

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