GIAHS and Traditional/Culture Based Diets

Webinar: Mediterranean Diet & Agricultural Heritage: the flavors of the land
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General Information on GIAHS

1. The Definition of Globally Important Agricultural Heritage Systems (GIAHS)
   - Remarkable land use systems and landscapes which are rich in globally significant biological diversity evolving from the co-adaptation of a community with its environment and its needs and aspirations for sustainable development

2. GIAHS Selection Criteria
   - Food and livelihood Security
   - Agro-biodiversity
   - Traditional Knowledge
   - Cultures and Value systems (which include food cultures)
   - Landscapes and Seascapes
GIAHS Sites in the World

- Massai Pastoral System, Kenya
- Soave Vineyards, Italy
- Chinampas, Mexico City
- Takachio Siibayama, Japan
Floating Gardens, Bangladesh

Salt Valley of Añana, Spain

Agroforestry in Mt. Kilimanjaro, Tanzania

Andean Agriculture, Peru

Hani Rice Terraces, China
GIAHS Programme Operation and Site Management

**GIAHS site and Member Country Implementation of Action Plan to Achieve Dynamic Conservation (Conservation + Development)**

- **GIAHS Sites**
  - Improvemeent of Agriculture and its Products
  - Market Promotion
  - Resource Management (Restoration & Conservation)
  - Knowledge Sharing & Transfer
  - Biodiversity Conservation
  - Tourism Promotion
  - Promotion of Cultures & Local Cuisines

**Member Country (Potential site)**

- Proposal
- Document Making
- Action Plan

- **FAO GIAHS Secretariat**
  - Editorial Review
  - Evaluation and Designation of GIAHS sites

- **Scientific Advisory Group (SAG)**

**All possible Measures (new and ongoing)**

**All Stakeholders**
Global Discussion: Sustainable Healthy Diets

FAO/WHO Second International Conference on Nutrition (ICN2) in 2014

“current food systems are being increasingly challenged to provide adequate, safe, diversified and nutrient rich food for all that contribute to healthy diets due to, inter alia, constraints posed by resource scarcity and environmental degradation, as well as by unsustainable production and consumption patterns”

FAO/WHO Expert Consultation on Sustainable/Healthy Diets (1 to 3 July 2019)

“Sustainable Healthy Diets”

Dietary patterns that promote all dimensions of individuals’ health and wellbeing; have low environmental pressure and impact; are accessible, affordable, safe and equitable; and are culturally acceptable
The Impacts of Traditional Culture Based Diets on Sustainable Agriculture/Food System

- Like GIAHS can achieve sustainable agriculture from its unique features, specific types of food consumption patterns (Diets) also can achieve sustainable agriculture (and food system).

This webinar will learn how the food consumption, namely, traditional and cultural diets can contribute to sustainable agriculture, and seek future development of GIAHS shed light on its traditional diets.

**Healthy Diets based on Traditional and Culture Based Diets**

One Example: Mediterranean Diets
- Plant Centered consumption
- Balanced and Diversified Diet
- Seasonality
- Use of Locally Produced Products

**Agricultural Production and Rural Community**

- Environmentally Friendly AG
- Conservation and Promotion of: Biodiversity
  - Landscapes
  - Traditional Knowledge
  - Rural Cultures

**GIAHS site**

**Traditional Diets/Culture Based Diets**

**Sustainable Agriculture/Food System**
Thank you very much for your attention

If you have any question, please write to giahs-secretariat@fao.org
Please visit our site: http://www.fao.org/giahs/en