



Food and Agriculture
Organization of the
United Nations

Globally Important
**AGRICULTURAL
HERITAGE**
Systems



GIAHS and Traditional/ Culture Based Diets

*Webinar: Mediterranean Diet &
Agricultural Heritage:
the flavors of the land
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General Information on GIAHS

1. The Definition of Globally Important Agricultural Heritage Systems (GIAHS)

- Remarkable land use systems and landscapes which are rich in globally significant biological diversity evolving from the co-adaptation of a community with its environment and its needs and aspirations for sustainable development

2. GIAHS Selection Criteria

- Food and livelihood Security
 - Agro-biodiversity
 - Traditional Knowledge
 - **Cultures and Value systems (which include food cultures)**
 - Landscapes and Seascapes
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GIAHS Sites in the World



Massai Pastoral System Kenya



Soave Vineyards, Italy



Chinampas, Mexico City



Takachio Siibayama Japan



Floating Gardens, Bangladesh



Salt Valley of Añana, Spain



Hani Rice Terraces, China

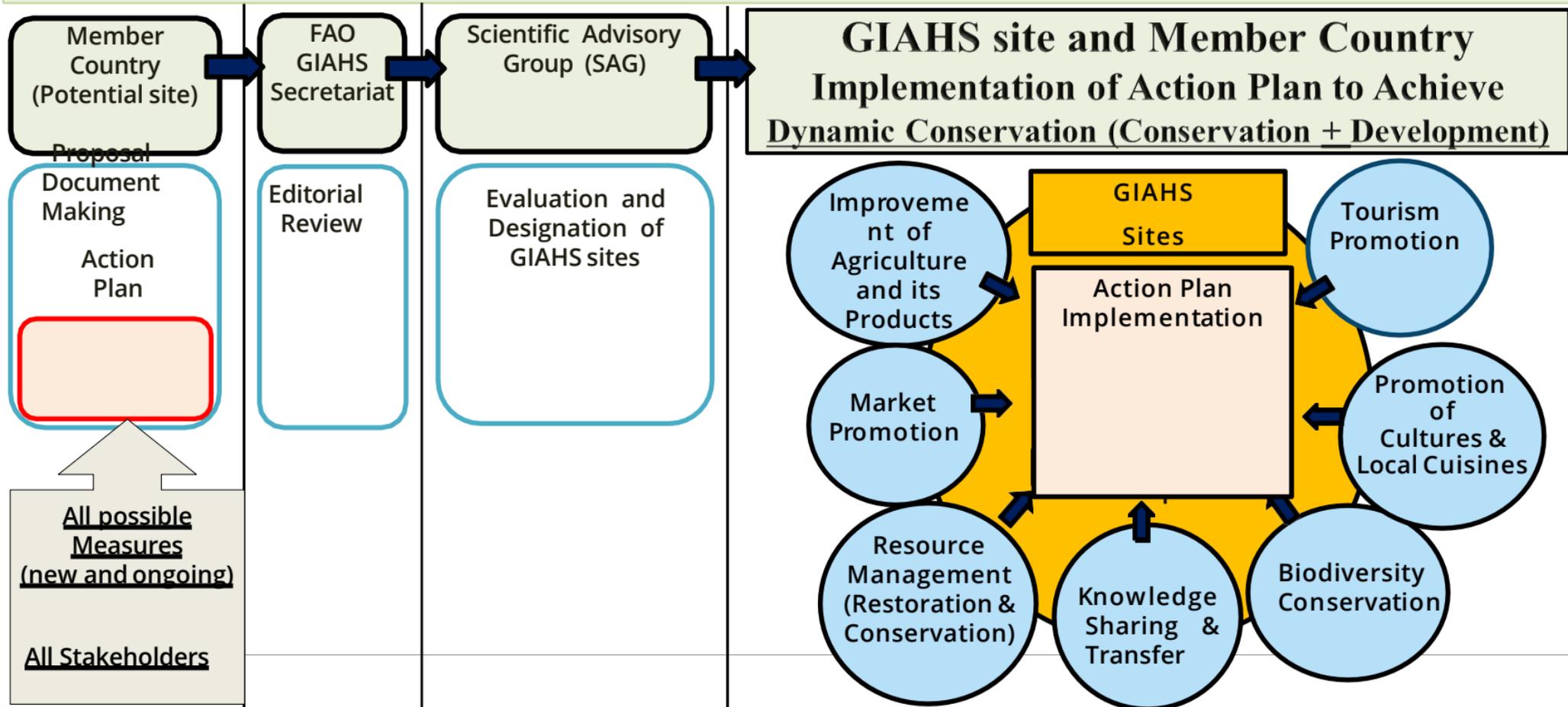


Agroforestry in Mt. Kilimanjaro, Tanzania



Andean Agriculture, Peru

GIAHS Programme Operation and Site Management



Global Discussion: Sustainable Healthy Diets

FAO/WHO Second International Conference on Nutrition (ICN2) in 2014

"current food systems are being increasingly challenged to provide adequate, safe, diversified and nutrient rich food for all that contribute to healthy diets due to, inter alia, constraints posed by resource scarcity and environmental degradation, as well as by unsustainable production and consumption patterns"



FAO/WHO Expert Consultation on Sustainable/Healthy Diets (1 to 3 July 2019)



"Sustainable Healthy Diets"

Dietary patterns that promote all dimensions of individuals' health and wellbeing; have low environmental pressure and impact; are accessible, affordable, safe and equitable; and are culturally acceptable

The Impacts of Traditional Culture Based Diets on Sustainable Agriculture/Food System

- Like GIAHS can achieve sustainable agriculture from its unique features, specific types of food consumption patterns (Diets) also can achieve sustainable agriculture (and food system).

This webinar will learn how the food consumption, namely, traditional and cultural diets can contribute to sustainable agriculture, and seek future development of GIAHS shed light on its traditional diets.

Consumption

Healthy Diets based on
Traditional and Culture
Based Diets

One Example: Mediterranean Diets

- Plant Centered consumption
- Balanced and Diversified Diet
- Seasonality
- Use of Locally Produced Products

Agricultural Production and Rural Community

- Environmentally Friendly AG
- Conservation and Promotion of:
 - Biodiversity
 - Landscapes
 - Traditional Knowledge
 - Rural Cultures

Sustainable Agriculture/Food
System

GIAHS site

Traditional
Diets/Culture
Based Diets



Thank you very much for your attention

If you have any question, please write to giahs-secretariat@fao.org

Please visit our site: <http://www.fao.org/giahs/en>

