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<sup>1</sup> This list of subject themes was used as the index in the original book directed at a local semi-literate audience. An index of this type proved useful for community groups and educators to locate sections on similar themes throughout the book.

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## APPENDIX A

# Trees and palms with a complete chapter

Common name(s)	Scientific name	Family	Page
Açaí	<i>Euterpe oleracea</i> Mart.	Arecaceae	157
Açaí (solitary)	<i>Euterpe precatoria</i> Mart.	Arecaceae	169
Andiroba	<i>Carapa guianensis</i> Auble.	Meliaceae	29
Bacuri	<i>Platonia insignis</i> Mart.	Clusiaceae	39
Brazil nut	<i>Bertholletia excelsa</i> Bonpl.	Lecythidaceae	49
Buriti, moriche palm	<i>Mauritia flexuosa</i> L.f.	Arecaceae	175
Cat's claw, unha-de-gato	<i>Uncaria tomentosa</i> (Willd. ex Roem. & Schult.) D.C. and <i>Uncaria guianensis</i> (Aubl.) J.F. Gmel.	Rubiaceae	65
Copaíba	<i>Copaifera</i> spp.	Leguminosae (Caesalpiniaceae)	71
Inajá	<i>Attalea maripa</i> (Aubl.) Mart. [syn.: <i>Maximiliana maripa</i> (Aublet) Drude]	Arecaceae	183
Ipê-roxo, pau d'arco	<i>Tabebuia impetiginosa</i> (Mart. ex. DC) Standl.	Bignoniaceae	81
Jatobá	<i>Hymenaea courbaril</i> L.	Leguminosae (Caesalpiniaceae)	91
Mahogany, mogno	<i>Swietenia macrophylla</i> King	Meliaceae	101
Patauá	<i>Oenocarpus bataua</i> Mart.	Arecaceae	191
Piquiá	<i>Caryocar villosum</i> (Aubl.) Pers.	Caryocaraceae	109
Pupunha, peach palm	<i>Bactris gasipaes</i> Kunth	Arecaceae	197
Rubber tree, seringueira	<i>Hevea brasiliensis</i> (Willd. ex A. Juss.) Müll. Arg.	Euphorbiaceae	121
Títica	<i>Heteropsis</i> spp.	Araceae	129
Tucumã of Amazonas	<i>Astrocaryum aculeatum</i> G. Mey. (syn.: <i>A. tucuma</i> Mart.)	Arecaceae	205
Uxi, uchi	<i>Endopleura uchi</i> (Huber) Cuatrec.	Humiriaceae	139



## APPENDIX B

# Other trees and palms mentioned in this book

Common name	Scientific name	Family	Page
Abiu, abiorana	<i>Pouteria</i> spp.	Sapotaceae	3, 215, 217
Amapá amargo (bitter Amapá)	<i>Parahancornia fasciculata</i> (Poir.) Benoist [syn.: <i>P. amapa</i> (Huber) Ducke]	Apocynaceae	87, 88
Amapá preto (black Amapá)	<i>Couma guianensis</i> Aubl.	Apocynaceae	87, 88
Amapá doce (sweet Amapá)	<i>Brosimum</i> spp.	Moraceae	87, 88
Ameixa, jacaicá	<i>Antrocaryon amazonicum</i> (Ducke) B.L. Burtt & A.W. Hill	Anacardiaceae	218, 258
Amor crescido	<i>Portulaca pilosa</i> L.	Portulacaceae	86
Apuruí	<i>Borojoa</i> [ <i>Alibertia</i> ] spp.	Rubiaceae	215, 219
Araçá	<i>Eugenia feijoi</i> O. Berg	Myrtaceae	215, 216, 218
Araçá-boi	<i>Eugenia stipitata</i> McVaugh	Myrtaceae	218
Ata	<i>Annona</i> spp.	Annonaceae	220
Ata brava	<i>Rollinia calcarata</i> R.E. Fries and <i>Rollinia mammifera</i> Maas & Westra	Annonaceae	215, 220
Azeitona brava, Azeitona da mata	<i>Eugenia egensis</i> DC.	Myrtaceae	218
Babaçu, babassu	<i>Attalea speciosa</i> Mart. ex Spreng.	Arecaceae	107, 142, 183, 186, 190, 272
Bacaba	<i>Oenocarpus bacaba</i> Mart.	Arecaceae	142, 194, 258
Bacuri da várzea	<i>Tovomita</i> spp.	Clusiaceae	216
Bacuripari	<i>Garcinia</i> [ <i>Rheedia</i> ] <i>brasiliensis</i> Mart.	Clusiaceae	47, 216, 259
Barbatimão	<i>Stryphnodendron barbatinam</i> Mart.	Leguminosae (Mimosaceae)	86
Biribá, biribá brava	<i>Rollinia</i> spp.	Annonaceae	150, 220
Breu	<i>Protium</i> spp.	Burseraceae	33, 147, 221, 273
Cacao, cacau,	<i>Theobroma cacao</i> L.	Sterculiaceae (Malvaceae)	36, 164, 222, 223

Common name	Scientific name	Family	Page
Cacau jacaré	<i>Herrania [Theobroma] mariae</i> (Mart.) Decne. ex Goudot, <i>H. nitida</i> (Poepp.) R.E. Schultes	Sterculiaceae (Malvaceae)	222
Cacau de macaco, Cacaurana, cacau do Peru	<i>Theobroma obovatum</i> Klotzsch	Sterculiaceae (Malvaceae)	222, 223
Cacaurana	<i>Theobroma microcarpum</i> Mart.	Sterculiaceae	222, 223
Cacauí	<i>Theobroma speciosum</i> Willd.	Sterculiaceae (Malvaceae)	222, 223
Cajá	<i>Spondias mombin</i> L.	Anacardiaceae	216, 224
Cajá-açu	<i>Spondias "mombin x testudinis"</i>	Anacardiaceae	224
Cajá de jaboti	<i>Spondias testudinis</i> J.D. Mitch. & Daly	Anacardiaceae	216, 224
Cajarana	<i>Spondias testudinis</i> J.D. Mitch. & Daly and <i>Spondias dulcis</i> Parkinson	Anacardiaceae	216, 224
Camu-camu	<i>Myrciaria dubia</i> (Kunth) McVaugh	Myrtaceae	216
Castanha de porco, castanhola, castanhinha	<i>Caryodendron amazonicum</i> Ducke	Euphorbiaceae	225
Cedro	<i>Cedrela odorata</i> L.	Meliaceae	69, 142, 258, 273
Cerejeira	<i>Amburana acreana</i> (Ducke) A.C. Sm.	Leguminosae (Fabaceae)	93
Chacrona	<i>Psychotria viridis</i> Ruiz & Pav.	Rubiaceae	270
Cocão	<i>Attalea tessmannii</i> Burritt	Arecaceae	225
Coconut	<i>Cocos nucifera</i> L.	Arecaceae	142
Cumaru	<i>Dipteryx odorata</i> (Aublet) Willd.	Leguminosae (Fabaceae)	5, 85, 93, 259
Cupuaçu	<i>Theobroma grandiflorum</i> (Willd. ex Spreng.) K. Schum.	Sterculiaceae (Malvaceae)	44, 56, 61, 150, 164, 222
Dendê, African oil palm	<i>Elaeis guineensis</i> Jacq.	Arecaceae	xxi, 142
Ebony, Brazilian ebony	<i>Diospyros</i> spp.	Ebenaceae	273
Envira caju	<i>Onychopetalum krukovi</i> R.E. Fries	Annonaceae	216, 226
Escada-de-jaboti	<i>Bauhinia guianensis</i> Aubl.	Leguminosae (Caesalpiniaceae)	69
Freijó	<i>Cordia goeldiana</i> Huber	Boraginaceae	272
Gameleira	<i>Ficus dendrocidia</i> Kunth and other <i>Ficus</i> spp.	Moraceae	123
Graviola, soursop	<i>Annona muricata</i> L.	Annonaceae	258

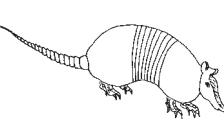
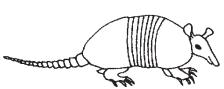
Common name	Scientific name	Family	Page
Guaraná	<i>Paullinia cupana</i> Kunth	Sapindaceae	86, 165, 171
Imbaúba	<i>Cecropia</i> spp.	Moraceae (Cecropiaceae)	274
Ingá	<i>Inga</i> spp.	Leguminosae (Mimosaceae)	3, 116, 216, 226, 227, 259
Ipê amarelo	<i>Tabebuia serratifolia</i> (Vahl) G. Nicholson	Bignoniaceae	93
Jacarandá da Bahia, Brazilian rosewood	<i>Dalbergia nigra</i> (Vell.) Allemão ex Benth.	Leguminosae (Fabaceae)	273
Jaci	<i>Attalea butyracea</i> (Mutis ex L.f.) Wess. Boer	Arecaceae	181, 190
Daime, jagube vine	<i>Banisteriopsis caapi</i> (Spruce ex Griseb.) C.V. Morton	Malpighiaceae	270
Jarana	<i>Lecythis lurida</i> (Miers) S.A. Mori	Lecythidaceae	94, 259
Jupati	<i>Raphia taedigera</i> (Mart.) Mart.	Arecaceae	142, 143
Jutaí	<i>Hymenaea parvifolia</i> Huber	Leguminosae (Caesalpiniaceae)	95
Jutaí-da-folha-grande (long-leaved jutaí)	<i>Hymenaea oblongifolia</i> Huber	Leguminosae (Caesalpiniaceae)	95
Louro preto	<i>Ocotea fragrantissima</i> Ducke	Lauraceae	273
Maçaranduba, massaranduba	<i>Manilkara huberi</i> (Ducke) Chevalier	Sapotaceae	33, 93, 94, 244, 258
Marapuama	<i>Ptychosperma olacoides</i> Benth.	Olacaceae	86
Marupá	<i>Simarouba amara</i> Aubl.	Simaroubaceae	273
Mastruz, wormseed	<i>Chenopodium ambrosioides</i> L.	Chenopodiaceae	86
Morototó	<i>Schefflera morototoni</i> (Aubl.) Maguire, Steyermark & Frodin	Araliaceae	273
Mucajá	<i>Acrocomia aculeata</i> (Jacq.) Lodd. ex Mart.	Arecaceae	142
Mumbaca	<i>Astrocaryum gynacanthum</i> Mart.	Arecaceae	142
Mururé	<i>Brosimum acutifolium</i> Huber	Moraceae	258, 282
Murumuru	<i>Astrocaryum murumuru</i> Wallace	Arecaceae	142, 213, 216, 257, 274
Pariri	<i>Pouteria pariry</i> (Ducke) Baehni	Sapotaceae	217
Pau-rainha	<i>Brosimum rubescens</i> Taub.	Moraceae	273

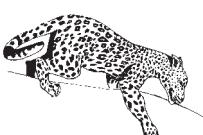
Common name	Scientific name	Family	Page
Piaçava, piassava	<i>Attalea funifera</i> Mart. ex Spreng.	Arecaceae	257
Preciosa	<i>Aniba canellilla</i> (Kunth) Mez	Lauraceae	273
Puruí, puruí grande, apuruí	<i>Borojoa</i> or <i>Alibertia</i> spp.	Rubiaceae	219
Quebra-pedra	<i>Phyllanthus niruri</i> L.	Euphorbiaceae (Phyllanthaceae)	86
Sacaca	<i>Croton cajucara</i> Benth.	Euphorbiaceae	86
Sangre de grado	<i>Croton lechleri</i> Müll. Arg.	Euphorbiaceae	69
Sapota, sapota do Solimões	<i>Matisia</i> [ <i>Quarariblea</i> ] <i>cordata</i> Humb. & Bonpl.	Bombacaceae (Malvaceae)	228
Sapota macho	<i>Matisia bicolor</i> Ducke	Bombacaceae (Malvaceae)	228
Sapucaia	<i>Lecythis</i> spp.	Lecythidaceae	259, 271, 274
Sucupira	<i>Bowdichia virgilioides</i> Kunth	Leguminosae (Fabaceae)	258
Sucuúba	<i>Himatanthus sucuuba</i> (Spruce) Woods.	Apocynaceae	85, 86, 259
Tatajuba	<i>Bagassa guianensis</i> Aubl. (for SW Amazon <i>Maclura tinctoria</i> (L.) D. Don ex Steud.)	Moraceae	21, 115
Tento	<i>Ormosia</i> spp.	Leguminosae (Fabaceae)	142
Tucumã do Pará	<i>Astrocaryum vulgare</i> Mart.	Arecaceae	209
Tucumã-í	<i>Astrocaryum acaule</i> Mart.	Arecaceae	209, 212
Ucuúba	<i>Virola michelii</i> Heckel	Myristicaceae	85, 166
Umarí	<i>Poraqueiba</i> spp.	Icacinaceae	216
Uricuri, aricuri	<i>Attalea</i> [ <i>Orbignya</i> ] <i>phalerata</i> Mart. ex Spreng.	Arecaceae	183, 190
Urucu, annatto	<i>Bixa orellana</i> L.	Bixaceae	29, 32
Uxirana	<i>Sacoglottis</i> spp.	Humiriaceae	142, 274
Pupunha brava ("wild pupunha")	<i>Aiphanes aculeata</i> Willd.	Arecaceae	204
Veronica	<i>Dalbergia subcymosa</i> Ducke and <i>Dalbergia monetaria</i> L.f.	Leguminosae (Fabaceae)	69, 86

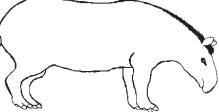
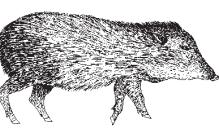
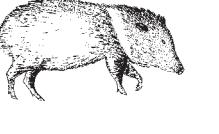
## APPENDIX C

# Wild animals mentioned in this book

Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<b>MAMMALS</b>					
<i>Agouti paca</i>	paca	paca	fruit, flowers, nuts, seeds, tubers	primary and secondary forest, gardens and plantations	36, 57, 76, 94, 97, 112, 115, 116, 119, 141, 142, 148, 181, 186, 189, 210, 212, 227, 259, 275
					
<i>Alouatta spp.</i>	howler monkey	guariba	leaves, fruit, and seeds	primary forest, várzea	189
					
<i>Artibeus lituratus</i>	great fruit-eating bat	morcego de cara listrada	fruit, some insects, pollen and leaves	forests, plantations and gardens	151
					
<i>Ateles belzebuth</i>	white-bellied spider monkey, long-haired spider monkey	macaco aranha, coatá	fruit, rarely leaves, flowers, honey or insects	primary forest	165, 195
					
<i>Bradypus tridactylus</i>	pale-throated three-toed sloth	preguiça bento	leaves	primary and secondary forest	97
					
<i>Bradypus variegatus</i>	brown-throated three-toed sloth	preguiça branca	leaves	primary and secondary forest	116
					

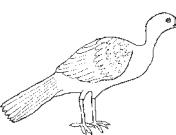
Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Cebus apella</i>	brown capuchin, black-capped capuchin, tufted capuchin	macaco prego	fruit, palm nuts, insects, small vertebrates, nectar	primary and secondary forest	57, 165
					
<i>Choloepus didactylus</i>	southern two-toed sloth	preguiça real	leaves, fruit	primary and secondary forest	97
					
<i>Coendou prehensilis</i>	Brazilian porcupine	quandu, coendu, porco espinho	fruit, seeds, leaves, bark	primary and secondary forest, gardens and plantations	195, 281
					
<i>Dasyprocta</i> spp.	agouti	cutia	fruit, nuts, seeds, flowers, roots	primary and secondary forest, gardens and plantations, dry forest, cerrado	36, 57, 59, 76, 97, 108, 112, 115, 116, 117, 119, 141, 142, 148, 149, 165, 186, 189, 202, 206, 210, 212, 259, 275
					
<i>Dasypus novemcinctus</i>	nine-banded armadillo, nine-banded long-nosed armadillo	tatu, tatu branco, tatu galinha	ants, termites, other insects	primary and secondary forest	57, 112, 115, 117, 141, 148, 186, 189, 210, 259
					
<i>Dasypus septemcinctus</i>	seven-banded armadillo, seven-banded long-nosed armadillo	tatu pretinho, tatuí	insects, fruit	primary forest, cerrado	57, 112, 115, 117, 141, 148, 186, 189, 210, 259
					

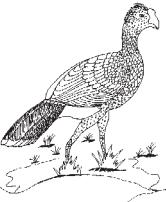
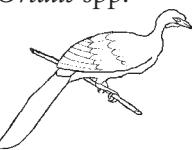
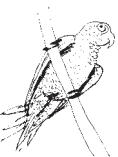
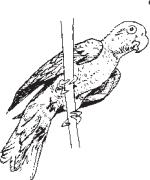
Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Leopardus pardalis, Felis pardalis</i>	ocelot	gato do mato, jaguartirica	rodents, some birds, snakes, lizards and other small vertebrates	primary, secondary and mangrove forests, pastures, savannah, cerrado	97
					
<i>Lonchophylla thomasi</i>	Thomas's nectar bat, Thomas's long-tongued bat		nectar, pollen, some insects, fruit	primary and secondary forest	117
					
<i>Mazama americana</i>	red brocket deer	veado vermelho, veado mateiro, veado capoeira, veado pardo	fruit, fungi, leaves	primary and secondary forest, plantations, forest edge	57, 76, 97, 112, 115, 116, 117, 119, 141, 142, 148, 165, 172, 178, 181, 186, 195, 202, 210
					
<i>Mazama gouazoubira</i>	grey brocket deer	veado branco	fruit, flowers, leaves	forests, cerrado, open areas	57, 76, 97, 112, 117, 119, 141, 142, 148, 165, 172, 178, 181, 186, 195, 202, 210
					
<i>Nasua nasua</i>	coati, coatumundi, South American coati	quati, quatimundé	fruit, invertebrates, small animals	primary forest, cerrado	112, 148, 281
					
<i>Panthera onca</i>	jaguar	onça pintada, onça preta	large mammals, also turtles, tortoises, caimans, birds, fish, smaller mammals	primary, secondary, and flooded forest, grassland, scrub forest often near water	267, 270, 275
					

Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Sciurus spp.</i>	squirrel	quatipuru, esquilo	fruit, seeds, bark, nuts	primary and secondary forest, gardens and plantations	36, 57, 76, 141, 142, 148, 186
					
<i>Tapirus terrestris</i>	Brazilian tapir, lowland tapir	anta	fruit, leaves, roots, other vegetation	primary closed forest	76, 94, 97, 119, 142, 148, 178, 181, 186, 189, 195
					
<i>Tayassu pecari</i>	white-lipped peccary	queixada, porcão	fruits, roots, tubers, palm nuts, invertebrates	primary forest, cerrado	76, 97, 119, 142, 148, 165, 178, 181, 195, 210
					
<i>Tayassu tajacu</i>	collared peccary	catitu	fruits, palm nuts, roots, tubers, invertebrates, small vertebrates	forest, secondary forest, cerrado, desert	76, 116, 119, 142, 148, 165, 178, 181, 210
					

**BIRDS**

<i>Amazona farinosa</i>	mealy parrot	papagaio moleiro	fruit, seeds, nuts, flowers, leaf buds	primary and secondary forests, plantations	116
					
<i>Amazona spp.</i>	parrot, Amazon parrot	papagaio	fruit, seeds, nuts, flowers, leaf buds	primary and secondary forests, plantations, várzea	119, 172, 195, 210
					
<i>Ara ararauna</i>	blue and yellow macaw, blue and gold macaw	arara canindé	fruit, seeds	primary and secondary forest, várzea, cerrado	142, 181
					

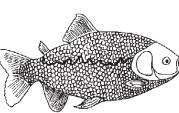
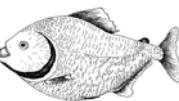
Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Ara spp.</i> 	macaw	arara	fruit, seeds	primary and secondary forest, várzea	142, 148, 119, 172, 189, 195, 210, 275
<i>Aratinga leucophthalma</i> 	white-eyed parakeet, white-eyed conure	periquitão maracanã	flowers, seeds, fruit, nuts, insects	primary and secondary forests, várzea, cerrado, plantations	45
<i>Brotogeris chrysoptera</i> 	golden-winged parakeet	periquito de asa vermelha, periquito de asa dourada	nectar, fruit, seeds	primary and secondary forest, savannah, parks	45, 46
<i>Cacicus cela</i> 	yellow-rumped cacique	xexéu	insects, fruit, nectar	várzea, plantation, secondary forest	45
<i>Crax spp.</i> 	curassow	mutum, mutum branco, mutum de penacho	fruit, seeds	primary forest	97, 172, 195, 210
<i>Cyanerpes caeruleus</i> 	purple honeycreeper	Sáí de perna amarela, sáí púrpura	nectar, insects, fruit	primary and secondary forest, várzea	45
<i>Geotrygon spp.</i> 	quaildove	juriti, pariri	fruit, seeds	primary and secondary forest, plantations	259

Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Harpia harpyja</i> 	harpy eagle	gavião real	medium-sized mammals, some large birds	primary forest, tall secondary forest	97
<i>Mitu tuberosum</i> 	razor-billed curassow	mutum preto, mutum cavalo	fruit, seeds	primary forest	97
<i>Ortalis spp.</i> 	chachalaca	aracuã	fruit, flowers, seeds	secondary and primary forest	165, 181, 275
<i>Orthopsittaca manilata</i> 	red-bellied macaw	maracanã do buriti	palm fruit and other fruit	várzea, igapó. secondary forests with buriti	181
<i>Penelope spp.</i> 	guan	jacu, japassaro	fruit, seeds	primary forest	181, 195
<i>Pionites leucogaster</i> 	white-bellied parrot	mariinha de cabeça amarela	seed, fruit	primary forest	45
<i>Pteroglossus spp.</i> 	aracari	araçari	fruit, some insects and small vertebrates	primary and secondary forest, plantations	195

Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Ramphastos tucanus</i>	white-throated toucan, Cuvier's toucan	tucano grande de papo branco	fruit, some invertebrates, bird eggs, and small vertebrates	primary and secondary forest	165, 172, 195
					
<i>Ramphocelus carbo</i>	silver-beaked tanager	pipira, pipira de máscara	fruit, insects, nectar	várzea, primary and secondary forests, gardens, plantations	45
					
<i>Tachornis squamata</i>	fork-tailed palm swift	tesorinha, andorinhão do buriti	insects	várzea, open areas	181
					
<i>Thraupis episcopus</i>	blue-grey tanager	sanhaçu da amazônia	fruit, insects, nectar	gardens, plantations, secondary and primary forests	45
					
<i>Thraupis palmarum</i>	palm tanager	sanhaçu do coqueiro, saí açu pardo	fruit, nectar, insects	gardens, plantations, secondary and primary forests	45
					
<i>Tinamus spp.</i> <i>Crypturellus spp.</i>	tinamous	nambu, inhambu	fruit, seeds	primary and tall secondary forest	165, 259
					

**REPTILES**

<i>Geochelone carbonaria</i>	red-footed tortoise	jabuti, jabuti-do-pé-vermelho, jabuti carumbé	fruits, vegetation	primary and secondary forest, savannah	76, 181
					

Scientific name	English common name	Portuguese common name	Diet	Habitat	Page
<i>Geochelone denticulata</i>	South American yellow-footed tortoise, Brazilian giant tortoise, forest tortoise	jabuti branco, jabuti-do-pé-amarelo, jabuti-carumbé	fruits, flowers, vegetation	primary and secondary forest, savannah	76, 115, 181
<b>AMPHIBIANS</b>					
<i>Dendrobates castaneoticus</i> , <i>Adelphobates castaneoticus</i>	Brazil-nut poison frog		ant, termites and other small insects	primary forest	57
					
<i>Dendrobates quinquevittatus</i> , <i>Adelphobates quinquevittatus</i>	Amazonian poison frog		insects	primary forest	57
					
<b>FISHES</b>					
<i>Colossoma macropomum</i>	black-finned pacu	tambaqui	fruit, seeds, grain, zooplanton, insects, snails	fresh (black) water, flooded forest of Amazon, Orinoco river basins	125
					
<i>Serrasalmus niger</i> , <i>Serrasalmus rhombaeus</i>	black piranha, red-eyed piranha	piranha negra	fish, fins, seeds	fresh water of Amazon, Orinoco river basins	125
					

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*Fruit trees and useful plants in Amazonian life*, a collaboration between CIFOR and FAO, serves two main purposes: it provides rich information on Amazon fruits and Amazon communities, illustrating how local peoples have adopted and adapted to the plant kingdom around them to distil vital nutrients, medicines and other products fundamental to their survival; it also shows how scientific information can be presented in an innovative and more inclusive way, one that can be adapted accordingly by other actors worldwide.

The publication is a testament to the enormous potential that integrating traditional and scientific knowledge can have for both local communities and academic and development professionals alike. It also serves as a reminder to the scientific community that science should be shared with local people and not confined to journals and closed circles of technical experts. From Brazil nuts and Cat's claw to Copaiba and Titica, this publication shares a wealth of information on a wide range of plant species that only close collaboration between local peoples and researchers could possibly breed.



**We must consider the impact of each of our decisions on the next seven generations.**



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