



Food and Agriculture
Organization of the
United Nations



The International Treaty
ON PLANT GENETIC RESOURCES
FOR FOOD AND AGRICULTURE

Key descriptors for
Dacryodes edulis
(Safou)



Key descriptors for

Dacryodes edulis
(Safou)

World Agroforestry (ICRAF) is a centre of science and development excellence that harnesses the benefits of trees for people and the environment.

Leveraging the world's largest repository of agroforestry science and information, we develop knowledge practices, from farmers' fields to the global sphere, to ensure food security and environmental sustainability.

ICRAF is the only institution that does globally significant agroforestry research in and for all of the developing tropics. Knowledge produced by ICRAF enables governments, development agencies and farmers to utilize the power of trees to make farming and livelihoods more environmentally, socially and economically sustainable at scales.

We are guided by the broad development challenges pursued by CGIAR, a global research partnership for a food-secure future, which include poverty reduction, increasing food and nutritional security, and improved natural resource systems and environmental services. ICRAF's work also addresses many of the issues being tackled by the Sustainable Development Goals (SDGs), specifically those that aim to eradicate hunger, reduce poverty, provide affordable and clean energy, protect life on land, and combat climate change.

ICRAF's Vision is an equitable world where all people have viable livelihoods supported by healthy and productive landscapes.

The Centre's mission is to harness the multiple benefits trees provide for agriculture, livelihoods, resilience, and the future of our planet, from farmers' fields through to continental scales.

Required citation

Muchugi A., Chege J., Tsobeng A., Kang'ethe S., Jamnadass R., Cognetti de Martiis S., Cerutti A.L., Alercia A. 2021. Key descriptors for *Dacryodes edulis* (Safou). World Agroforestry, Nairobi, Kenya and the Food and Agriculture Organization of the United Nations, Rome, Italy.

ISBN: 978-9966-108-42-5

Cover Photo: *Dacryodes edulis* fruits.

Credit: ICRAF

World Agroforestry (ICRAF)
United Nations Avenue, Gigiri
PO Box 30677
Nairobi 00100
Kenya
www.worldagroforestry.org

Food and Agriculture Organization of the
United Nations
Viale delle Terme di Caracalla
00153 Rome
Italy
www.fao.org

CONTENTS

Preface	1
Introduction	2
Acknowledgements	3
Contributors	4
Key access and utilization descriptors for <i>Dacryodes edulis</i> genetic resources	5
Bibliography	9

PREFACE

This Descriptor list consists of an initial minimum set of characterization and evaluation descriptors for *Dacryodes edulis* (G. Don) H.J. Lam. This strategic set aims at facilitating access to and utilization of this African indigenous fruit tree. It does not exclude the addition of other descriptors at a later date.

This work has been done jointly with the Agroforestry Centre and the Food and Agriculture Organization of the United Nations. The list was based on a preliminary List developed by World Agroforestry (ICRAF). In addition, internet searches were carried out looking for the most updated information on relevant characteristics and traits. The original List was subsequently integrated with evaluation traits. Special attention was given to the inclusion of descriptors relevant to biotic stresses of particular importance in the context of emerging adverse weather events which are expected to intensify under current and future climate challenges. Those included in this Key set have been chosen because of their cosmopolitan nature and global impact since they have wide geographic occurrence and cause significant economic damage.

The key set of access and utilization descriptors was defined through an online survey, in which 20 experts from seven countries participated. Survey results were subsequently validated in consultation with a Core Advisory Group (see 'Contributors') led by Alice Muchugi from ICRAF.

The strategic set of data standards is designed to facilitate access to and utilization of plant genetic resources for food and agriculture information. Together with passport information (Alercia *et al.* 2018, 2015), descriptors are critical to the effective sharing of characterization and evaluation data and to the efficient use of plant genetic resources for food and agriculture.

INTRODUCTION

Dacryodes edulis (G. Don) H.J. Lam, also known as safou, African pear, African plum, African palm, bush pear, bush butter tree, butterfruit and native pear, is an important multi-purpose tropical evergreen tree. It belongs to the Burseraceae family.

The geographical distribution extends from Angola, through Cameroon, Central African Republic, Congo, Democratic Republic of Congo, Equatorial Guinea, Gabon, Nigeria, to Sierra Leone in the West, Uganda to the East, and to northern Zimbabwe. It is also cultivated in Malaysia.

This indigenous agroforestry fruit tree grows in the humid tropical forest. It is well adapted to variations in environmental factors such as soil type, humidity and temperature.

Safou produces edible fruits that are highly valued by local people. The fruits are rich in lipids, proteins, vitamins, fibres and minerals playing a significant role in nutrition, especially benefiting poor households. In addition to food security and health benefits, the tree is also used for medicinal purposes and as timber. Fruits are traded both locally and across regional borders.

This descriptor list, which follows the international standardized documentation system for the characterization and study of genetic resources as promoted by Bioversity International (Alercia A., 2011), is expected to support studies focussing on genetic and morphological diversity of *Dacryodes edulis*, conservation of its genetic resources, domestication and to increase production and use of its products.

ACKNOWLEDGEMENTS

The World Agroforestry (ICRAF) and the Food and Agriculture Organization of the United Nations (FAO) are grateful to all the scientists and researchers who have contributed to the development of this strategic set of 'key access and utilization descriptors'.

Recognition goes to the Crop Leader, Alice Muchugi, and members of the Core Advisory Groups for providing valuable scientific direction and to all the reviewers who participated in the survey for their advice.

Special thanks are due to the consultants working at different stages of the production process, namely: Selvaggia Cognetti de Martiis and Ana Laura Cerutti. Adriana Alercia, from the International Treaty on Plant Genetic Resources of FAO, coordinated and managed the entire production of this document and provided technical and scientific advice.

Particular thanks go to Alice Muchugi for her advice throughout the preparation of this publication.

CONTRIBUTORS

Core Advisory Group

Donfagsiteli Tchinda Nehemie, Institute of Medical Research and Medicinal Plants Studies CRPMT/IMPM, Cameroon

Leakey Roger RB, International Tree Foundation, United Kingdom

Makueti Josephine, GIZ, Cameroon

Muchugi Alice, World Agroforestry (ICRAF), Kenya

Nnamdi Fred U, University of Ottawa, Canada

Tsobeng Alain, Tree Improvement, World Agroforestry (ICRAF), Cameroon

Survey experts

Cameroon Asaah Ebenezar, Asaah Fonyam and Angwi Foundation (AFAF)

Degrande Ann, ICRAF-WCA/Central Africa

Onana Jean Michel, University of Yaoundé I

Sado Thaddee, IRAD

Tchoundjeu Zac, Higher Institute of Environmental Sciences (HIES)

Congo Bouka Gaël, L'univers Marien Ngouabi

Cote d'Ivoire Atangana Alain, World Agroforestry (ICRAF)

France Carrière Stephanie, IRD

Duminil Jerome, IRD

Rimlinger Aurore, IRD

Kenya Avana Tientcheu Marie Louise, African Network of Agriculture, Agroforestry and Natural resources Education (ANAFE)/The University of Dschang of Cameroon

Chege Joyce, World Agroforestry (ICRAF)

Kangethe Simon, CIFOR-ICRAF

KEY SET OF CHARACTERIZATION AND EVALUATION DESCRIPTORS FOR *DACRYODES EDULIS* (SAFOU)

This is an initial, minimum set of Characterization and Evaluation descriptors for *Dacryodes edulis* (G. Don) H.J. Lam, that can be used to assist researchers to utilize accessions more easily. This is not intended to be an exhaustive descriptor list, but rather a key list of descriptors and traits that are relevant to describing, categorizing, and especially utilizing germplasm.

- Ideally, observations should be made on trees of the same age, unless otherwise stated.
- If possible, use colour codes from the Royal Horticultural Society (RHS) or from the Methuen Handbook of Colour (Third edition). If these are not available, use the numerical colour codes provided within colour descriptors below.
- For fruit descriptors, record the average measurement, or predominant colour/shape of 10 ripe fruits randomly selected.

CHARACTERIZATION

1. Tree height [m]

Recorded in mature trees (only if replicated) from the ground level to the top of the tree.

2. Fruit skin colour

Observe 10 ripe fruits randomly selected and record the predominant colour.

- 1 Grey
- 2 Green
- 3 Yellow
- 4 Red
- 5 Brown
- 6 Blue
- 7 Violet
- 99 Other (specify in the **Notes** descriptor)

3. Fruit shape

Record the predominant shape using 10 fruits randomly selected.

- 1 Oblong
- 2 Ellipsoid
- 3 Globose
- 4 Pyriform
- 5 Reniform
- 6 Ovate
- 7 Obovate

4. Fruit length [cm]

Measured from the base to the tip of the fruit. Record the average length of 10 fruits randomly selected.

5. Fruit diameter [cm]

Record the average diameter of 10 fruits randomly selected at the widest point.

6. Total fruit weight [g]

Record the average weight of 10 fruits.

7. Fruit flesh colour

Observe 10 ripe fruits randomly selected and record the predominant colour.

- 1 White
- 2 Green
- 3 Violet
- 4 Pink
- 99 Other (specify in the **Notes** descriptor)

8. Fruit flesh texture

Recorded on ripe fruits.

- 1 Soft
- 2 Intermediate
- 3 Firm

9. Fruit flesh taste

Recorded on ripe fruits.

- 0 Tasteless
- 1 Bitter
- 2 Sour
- 3 Astringent
- 4 Sweet
- 99 Other (specify in the **Notes** descriptor)

10. Fruit flesh weight [g]

Record the average weight of 10 fruits randomly selected.

11. Fruit flesh thickness [cm]

Measure at the middle of the fruit.

12. Seed coat colour

- 1 Dark brown
- 2 Reddish black
- 99 Other (specify in the **Notes** descriptor)

13. 10-seed weight [g]

Record the average weight of 10 seeds.

EVALUATION**14. Regular bearer**

- 0 No
- 1 Yes

15. Number of mature fruits per tree**16. Fruiting season**

- 1 Early
- 2 Medium
- 3 Late

Fruit nutritional content**17. Ascorbic acid content (Vit C) [mg/100g⁻¹ DW]****18. Crude fibre content [% DW]****19. Iron content [mg/100g⁻¹ DW]****20. Crude lipid content [mg/100g⁻¹ DW]****21. Oil content [%]****22. Crude protein content [% DW]****23. Pectin content [% DW]****24. Linoleic acid content [mg/100g⁻¹ DW]****Biotic stresses**

	Causal organism	Common name
25.	<i>Polyphagous fungi</i>	Dieback
26.	<i>Pseudonoorda edulis</i>	Safou red borer caterpillar

27. *Oligotrophus* sp.

28. *Anchon* sp.

29. **NOTES**

Specify any additional information here.

BIBLIOGRAPHY

- Alercia, A, Diulgheroff, S, Mackay, M. 2015. Source/contributor: FAO (Food and Agriculture Organization of the United Nations), Bioversity International. In: FAO/Bioversity MultiCrop Passport Descriptors (MCPD V.2.1), available at: https://www.bioversityinternational.org/fileadmin/user_upload/online_library/publications/pdfs/FAO-Bioversity_multi_crop_passport_descriptors_V_2_Final_rev_1526.pdf.
- Alercia, A., López, F.M., Sackville Hamilton, N.R. and Marsella, M., 2018. Digital Object Identifiers for food crops - Descriptors and guidelines of the Global Information System. Rome, FAO, available at: <http://www.fao.org/3/I8840EN/i8840en.pdf>.
- Alercia, A. 2011. Bioversity International. Key characterization and evaluation descriptors: Methodologies for the assessment of 22 crops. Bioversity Technical Bulletin Series. Bioversity International, Rome, Italy. 602 p., available at: https://www.bioversityinternational.org/fileadmin/user_upload/online_library/publications/pdfs/1440.pdf.
- Anegbegh P.O., Ukafor V., Tchoundjeu Z., Leakey R.R.B., Schreckenber K., 2005. Domestication of *Dacryodes edulis*: Phenotypic variation of fruit traits from 100 trees in southeast Nigeria. New Forest. Vol. 29, pp. 149-160.
- Atemkeng C.D., Kamgaing T., Tchuifon D.R., Doungmo G., Amola L. A., Kamdem A.T., Anagho S.G., 2020. Chemical preparation and physicochemical characterization of powdered activated carbons based on safou (*Dacryodes edulis*) seeds. Journal of Materials and Environmental Science, Vol. 11, Issue 6, pp. 896-910.
- Bratte L., MMereole F.U.C., Akpodiete O.J., Omeje S.I., 2010. The nutrient composition of seeds of the African pear (*Dacryodes edulis*) and its implications for non-ruminant nutrition. Pakistan Journal of Nutrition. Vol. 9(3), pp. 255-258.
- Dossou B.R., Missang C.E., Karou S.D., Ameyapoh Y., 2018. Relationship between texture and cell-wall components of safou (*Dacryodes edulis* (G. Don) H.J. Lam) fruits at different storage conditions. Journal of applied Biosciences. Vol. 125.
- Fotso, Mbouobda H.D., Tita M.A., Muyang R.F., Belfiang N.D., Omokolo N.D., 2014. Parasitism of plum tree (*Dacryodes edulis*, Burseraceae) by Loranthaceae in the locality of Fotetsa-Dschang (West-Cameroon). Academic Journal, Vol. 9(29), pp. 2255-2262.
- Ibanga O.I., Okon D.E., Udofot J.E., 2014. Extraction, Characterization of African Pear (*Dacryodes edulis*) Oil and its Application in Synthesis and Evaluation of Surface Coating Driers. International Journal of Advanced Research in Chemical Science (IJARCS) Vol. 1, Issue 4, pp. 14-22.
- Ikhuoria E.U., Maliki M., 2007. Characterization of avocado pear (*Persea americana*) and African pear (*Dacryodes edulis*) extracts. African Journal of Biotechnology, Vol. 6, n. 7.
- Isiuku B., Nwanjo H., Asimole C., 2008. A Comparative study of the lipid, protein and mineral contents of African Pear (*Dacryodes edulis*) seed and avocado pear. The Internet Journal of Nutrition and Wellness. Vol. 8, n. 2.
- Kadji B.R.L., Kone F.M.T., Sika A.E, Dabonne S., 2016. Physico-chemical properties of safou (*Dacryodes edulis*) fruits grown in Côte d'Ivoire. Journal of applied Biosciences.

- Kinkela T., Kama-Niamayoua R., Mampouya D., Silou T., 2006. Variations in morphological characteristics, lipid content and chemical composition of safou (*Dacryodes edulis* (G. Don) H.J.LAM.) according to fruit distribution. A case study. African Journal of Biotechnology. Vol. 5, n. 12.
- Kornerup A., Wanscher J.H. 1984. Methuen Handbook of Colour. Third edition. Methuen, London, UK.
- Leakey R.R.B. and Ladipo D.O.. 1996. Trading on genetic variation - fruits of *Dacryodes edulis*. Agroforestry Today. 8(2): 16-17.
- Leakey R.R.B., Atangana A.R., Kengni E., Waruhiu A.N., Usoro C., Anegbah P.O., Tchoundjeu Z. 2002. Domestication of *Dacryodes edulis* in West and Central Africa: Characterisation of genetic variation: Forests, Trees and Livelihoods. 12:57- 71.
- Leakey R.R.B., Tchoundjeu Z., Smith R.I., Munro R.C., Fondoun J., Kengue J., Anegbah P.O., Atangana A.R., Waruhiu A.N., Asaah E., Usoro C., Ukafor V.. 2004. Evidence that subsistence farmers have domesticated indigenous fruits *Dacryodes edulis* and *Irvingia gabonensis* in Cameroon and Nigeria: Agroforestry Systems. 60(2):101-111.
- Leakey R.R.B., Tchoundjeu Z. 2001. Diversification of tree crops: domestication of companion crops for poverty reduction and environmental services: Experimental Agriculture. 37(3):279-296
- Makueti J.T., Tchoundjeu Z., Van Damme P., Kalinganire A., Asaah E., Tsobeng A., 2015. Methodological approach to indigenous fruit trees breeding: case of *Dacryodes edulis* (G. Don.) H. J. Lam. (Burseraceae) in Cameroon. International Journal of Agronomy and Agricultural Research (IJAAR), Vol. 7, No. 2, pp. 142-162.
- Mbofung C.M.F., Silou T. and Mouragadja I. (2002). Chemical Charactersiation of safou (*Dacryodes edulis*) and evaluation of its potential as an ingredient in nutritious biscuits. Forests, Tress and Livelihoods, 12:1-2, 105-117, DOI: 10.1080/14728028.2002.9752414.
- Ngozi-Olehi L.C., 2012. Comparative Analysis if the Nutritional Contents of Avocado Pear (*Persea americana*) and African Pear (*Dacryodes edulis*). Journal of Educational and Social Research. Vol 2 (8)
- Nwosuagwu U.H., Onuegbu C.N., Nkwoala C.C., 2009. The chemical properties of African pear pulp at different stages of fruit development. International NGO Journal. Vol 4(9), pp. 380-385.
- Okorie H.A., Ndubizu T.O.C., Janssens M.J.J., 2000. Studies on pomology of the African pear (*Dacryodes edulis*) (G. Don) in Nigeria. Acta Hortic, Vol. 531, pp. 207-212.
- Ondo-Azi A.S., Missang E.C., Ndoutoumou P.N., Silou T., 2017. Classification of Safou (*Dacryodes edulis*) fruit size and shape on mass and outer dimensions. Journal of Agriculture and Veterinary Science. Vol. 10, Issue 6 Ver. II, pp. 64-67.
- Okwu D.E and Fred U Nnamdi. 2008. Evaluation of the Chemical composition of *Dacryodes edulis* and *Raphia hookeri* Mann and Wendlexudates used in herbal medicine in South Eastern Nigeria. Afr. J. Trad. CAM (2008) 5 (1): 194-200.
- Poligui R.N., Mouaragadja I., Vandereycken A., Haubruge E., Francis F., 2014. Insect Pests occurring on *Dacryodes edulis* (Burseraceae) in Rural areas in Gabon. Neotrop. Entomol., Vol. 43, pp. 322-334.

- Rimlinger A., Carrière S.M., Avana M.L., Bouka G.U.D., Zekraoui L., Mariac C., Carrière, Duminil J., 2020. New microsatellite markers for *Dacryodes edulis* (Burseraceae), an indigenous fruit tree species from Central Africa. *Molecular Biology, Rep* 47, pp. 2391–2396.
- Rimlinger A., Carrière S.M., Avana M.L., Nguegang A., Duminil A., 2019. The Influence of Farmers' Strategies on Local Practices, Knowledge, and Varietal Diversity of the Safou Tree (*Dacryodes edulis*) in Western Cameroon. *Economic Botany*, Vol. 73, pp. 249–264.
- Royal Horticultural Society. 1966c, 1986, 2001, 2007. R.H.S. Colour Chart. The Royal Horticultural Society, London, U.K.
- Todou G., D' Ecckenbrugge G.C., Joly I.H., Amougou A., Onana J. and Achoundong G., 2013. Climatic niche of *Dacryodes edulis* (G. Don) H.J. Lam (Burseraceae), a semi-domesticated fruit tree native to Central Africa. *Academic Journals*, Vol. 5(9), pp. 231-240.
- Waruhiu, A.N., Kengue, J., Atangana, A.R., Tchoundjeu, Z. and Leakey, R.R.B. 2004. Domestication of *Dacryodes edulis*: 2. Phenotypic variation of fruit traits in 200 trees from four populations in the humid lowlands of Cameroon. *Food, Agriculture & Environment* 2: 340-346).



Food and Agriculture
Organization of the
United Nations



The International Treaty
ON PLANT GENETIC RESOURCES
FOR FOOD AND AGRICULTURE

© ICRAF and FAO, 2021
www.worldagroforestry.org
www.fao.org
ISBN 978-9966-108-42-5



9 789966 108425