



Source: United Nations. 2020. Map of the world [online]. [Cited July 2022]

Population data is required to monitor food security indicators and provide information on per capita land availability, production etc. The population data at district level is obtained from the Central Bureau of Statistics (2021), Nepal; which was further disaggregated at the municipality (*palika*) level considering built-up as a proxy for population distribution. The datasets are prepared in the context of GEF-8 projects, which aims to improve the region's food security by transforming rice fields.

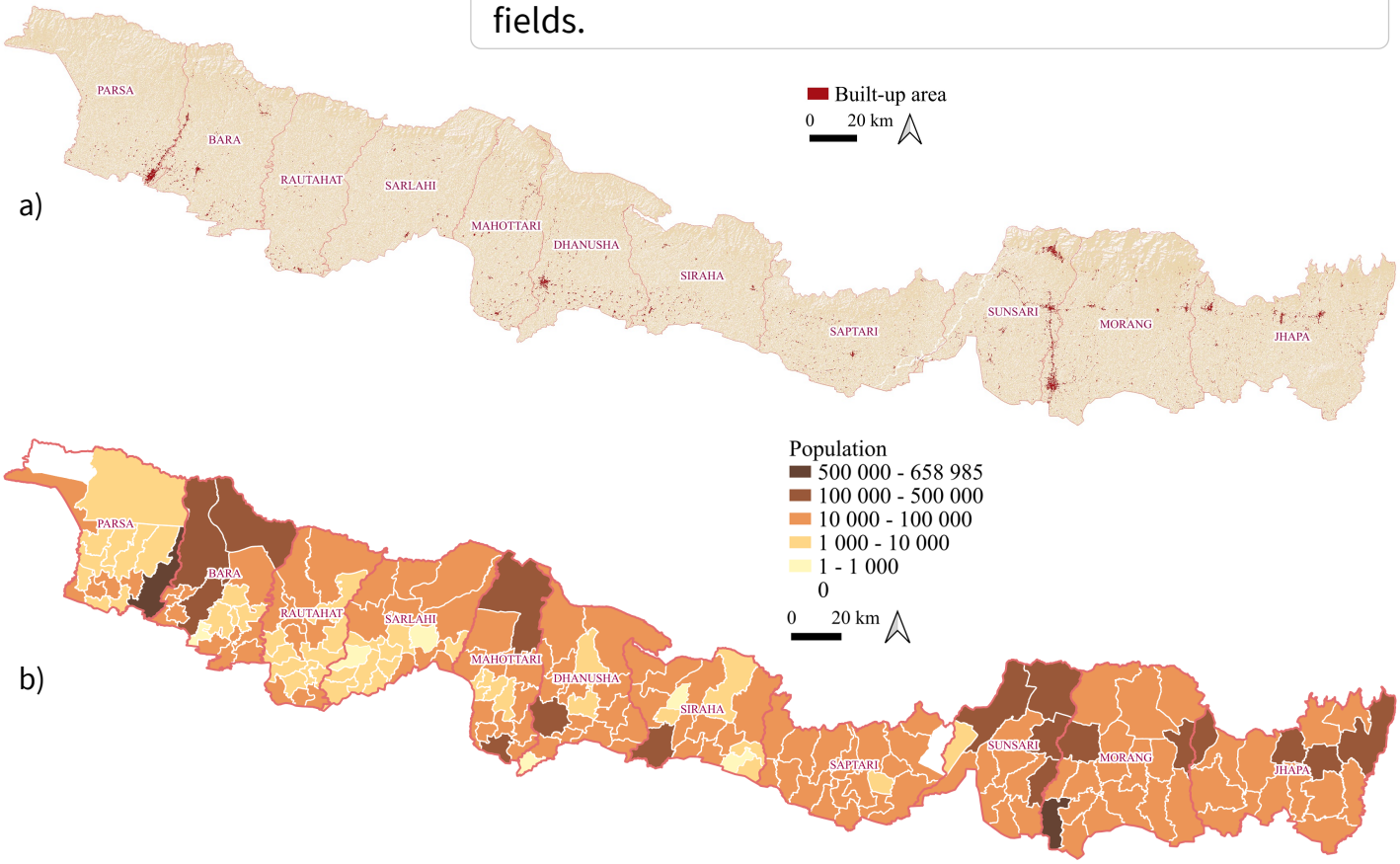


Figure 1: a) 2019 extent of built-up area in eastern Terai, Nepal  
 b) Population distribution at municipalities (*palika*) in eastern Terai, Nepal<sup>1</sup>

Table 1: Total population at district level in eastern Terai, Nepal

District	Census (2021)	District	Census (2021)
Morang	1 147 186	Saptari	713 203
Sunsari	934 461	Mahottari	715 040
Jhapa	994 090	Siraha	748 416
Dhanusha	873 274	Rautahat	825 623
Parsa	649 397	Sarlahi	857 360
Bara	743 975	Total	9 202 025

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<sup>1</sup> GADM. The boundaries and names shown, and the designations used on these map(s) do not express any opinion whatsoever on the part of FAO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers and boundaries. Dashed lines on maps represent approximate border lines for which there may not yet be full agreement.